

### ① 意見論述テンプレート：反対（Disagree）

**Introduction** I strongly question the notion that トピック文, and there are two compelling reasons that support my perspective on this issue.

**Body 1** First and foremost, 理由1. Specifically, 具体的な説明. Consequently, その結果.

**Body 2** Furthermore, 理由2. For instance, 具体例. Therefore, その結果.

**Conclusion** It is for the reasons mentioned above that I believe the negative impacts of トピックの名詞 far outweigh its benefits.

### ② 意見論述テンプレート：賛成（Agree）

**Introduction** I fully support the position that トピック文, and there are two compelling reasons that support my perspective on this issue.

**Body 1** First and foremost, 理由1. Specifically, 具体的な説明. Consequently, その結果.

**Body 2** Furthermore, 理由2. For instance, 具体例. Therefore, その結果.

**Conclusion** It is for the reasons mentioned above that I believe トピックの名詞 brings overwhelming benefits to society.

※ 賛否で変わるのは赤／緑の部分だけ。Body は共通なので丸暗記は1本で済む。

### ③ 埋め方のコツ（ここで点差がつく）

- トピック文は疑問文 → 平叙文に直す。「Should companies ~?」 → companies should ~ / 反対でも that companies should ~ のまま（notion を question しているので否定にしない）。
- POINTS（4つの観点）から2つ選び、理由1・理由2に1つずつ使う。POINTS無視・3つ以上詰め込みは減点リスク。POINTSの語はそのままなく言い換えると語彙点に効く（例：Cost → financial burden）。
- 理由は「一般論」で書く。「私の友達は～」のような個人体験は説得力が弱い。具体例は社会・企業・政府レベルで。
- Conclusion は語数調整に使える。語数が足りなければ理由の要約を足す：...that I believe ~, since 理由1を言い換え and 理由2を言い換え.
- 締めめの「to society」はトピックに合わせて変える。企業の話なら to both companies and workers、学校なら to students など。

### ④ 記入例（賛成・約127語）

**TOPIC:** Should companies allow their employees to work from home? **POINTS:** Productivity / Work-life balance / Costs / Communication

I fully support the position that companies should allow their employees to work from home, and there are two compelling reasons that support my perspective on this issue.

First and foremost, remote work improves employees' work-life balance. Specifically, workers no longer need to spend long hours commuting on crowded trains. Consequently, they can use that time to rest, exercise, or take care of their families, which helps them stay healthy.

Furthermore, working from home can reduce costs for companies. For instance, businesses can rent smaller offices and spend less on electricity and transportation allowances. Therefore, they can invest the money they save in developing new products or training staff.

It is for the reasons mentioned above that I believe allowing remote work brings overwhelming benefits to both companies and workers.

⑤ 要約テンプレート（60～70語・自分の意見は書かない）

本文はほぼ毎回「第1段落＝背景／第2段落＝メリット・賛成派／第3段落＝デメリット・反対派（または対策）」の3段構成。1段落＝1～2文で圧縮する。

|       |                                                                                       |
|-------|---------------------------------------------------------------------------------------|
| 背景    | 話題 has become increasingly common / popular in recent years.                          |
| メリット  | Supporters argue（格上げ：Proponents maintain / contend）that 利点, which 利点の結果.              |
| デメリット | On the other hand, critics point out（格上げ：opponents express concern）that 欠点, so 欠点の結果. |
| （対策型） | To solve this problem, 主体 have started to 対策. / However, ... remains a challenge.     |

要約のルール

- 本文の文をそのまま写さない（丸写しは語彙・内容で減点）。品詞や言い回しを変える。
- 具体例はまとめて抽象化：smartphones, tablets and laptops → electronic devices
- 数字・固有名詞・細かい例は基本カット。
- I think / In my opinion は使わない。
- 格上げ語は正しく使える時だけ。語彙点を決めるのは難しさより本文の言い換え。

言い換え用フレーズ

|       |                                            |
|-------|--------------------------------------------|
| 増えている | is on the rise / is becoming widespread    |
| 利点がある | has several advantages / is beneficial for |
| 懸念がある | raises concerns about / has some drawbacks |
| その結果  | As a result, / This leads to ...           |

⑥ 理由ネタ帳（POINTSによく出る観点 → そのまま使える理由フレーズ）

|                 |                                                                                                                    |
|-----------------|--------------------------------------------------------------------------------------------------------------------|
| Cost / Economy  | reduce the financial burden on ~ / boost the local economy / create new jobs / be too expensive for taxpayers      |
| Environment     | reduce CO <sub>2</sub> emissions / cut down on waste / protect natural resources / put pressure on the environment |
| Health / Safety | improve people's physical and mental health / lower the risk of accidents / cause stress and anxiety               |
| Education       | help students develop practical skills / widen the gap between rich and poor students / motivate students to learn |
| Technology      | make ~ more efficient / save time and effort / lead to privacy problems / make people too dependent on ~           |
| Society / Aging | deal with the labor shortage / support the aging population / strengthen community ties / increase inequality      |

※ 準1級は「日本の社会問題」系（少子高齢化・労働力不足・環境・AI・観光）が頻出。この6行で大半のPOINTSに対応できる。

⑦ 時間配分（筆記90分中）

- リーディング：約50分
- 要約：約15分（段落ごとに要点を日本語でメモ→英作）
- 意見論述：約20～25分（POINTS選び3分→執筆15分→見直し3分）
- ライティング2題で計40分を死守。先にライティングから解くのも有効。

⑧ 見直しチェックリスト

- ☐ 語数：意見 120～150語 / 要約 60～70語
- ☐ 三単現の s / 名詞の複数形・冠詞（a / the）
- ☐ 短縮形（don't, it's）を使っていない
- ☐ POINTS を2つだけ、理由ごとに1つずつ使った
- ☐ 理由1と理由2の中身が重複していない
- ☐ 主語と時制が文章全体でブレていない